



Are you training your courage?

Courage!

Where is it? Why is it facing animosity?

What is everybody afraid of? Is it not our duty to display courage?

My observation is that more and more we are becoming more comfortable, risk-averse, no longer speaking up, standing firm on what is right, going into conflict.

I'd argue it's our obligation to muster that courage. Every day.

We must speak up when we hear falsehoods or degrading language.

We must stand firm when our values and integrity are being challenged.

We must go into conflict, whether it's with our boss, our spouse, or our kids.

To abstain from what you can and must do is not only wrong. It's also cowardly, and your silence is support for what is happening.

Train your courage every day. You will need it when you face REAL adversity. And you **will** face that. That's a fact of life.

But you don't know when that may be. You don't know what shape or form that adversity will come in,

How ready will you be when this courage is required of you?

Build your first good habit on demand, TODAY.

Download the 'Habit Tracker' via the link below - and get started.

Link: <https://bit.ly/GetYourHabitTracker>

Stick with it