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## How bad do you want what you want?

My bet is: Not a lot

There are so many options to choose from in modern life, and many are swept off their feet by this tidal wave and end up flowing aimlessly with the current in the river of life.

In this state, it's tempting to explore a little of many different options: careers, educations, sports, books, etc.

Why do we just 'go with the flow'?

Two effects influence this irrational behavior:

1. Fear of regret - we don't want to commit too much time to ONE thing. Just think if it turned out not to give us what we hoped.
2. We're hopeless at shutting doors. And by leaving doors open we think we more options available

We are obsessed with being part of the game and preferably as many as possible.

The cost of this behavior is invisible, so we could think there is no cost. Which of course is a fallacy.

When you stop doing this in your life and commit to doing fewer things, but those you stick with, executing them more frequently and with greater precision.

You'll see how mastery grows from this priority and strengthens you.

Stick with it