



Flexibility – yields less of what you want

Are you agile? Adaptive? Flexible?

Stop that!

It makes you both unproductive AND unhappy - here's why:

We are collaborating, we're in flow, everything is fast, dynamic, and seamless. Of course, we need that to collaborate, but this flexibility cult has gone too far.

But our adaptability has gone into overdrive, everything can be negotiated. Nothing is sacred. There are no non-negotiables left.

A quote I often remind myself of is:

“

*"People who summon you,
Pull you away from yourself"*

”

By being flexible you are following somebody else's plan. You become the tool of another.

What to do?

None of us can change this single-handedly. We must act inside our sphere of influence. As we are all inept in doing this, it will be hard, it will feel painful. But through training, you'll become stronger.

Make a vow to yourself, one thing, one time, one action that you will never be flexible on. It's your non-negotiable.

Standing up for yourself, not only will it make you happy. It will also make you more effective and people will listen to you.

Stick with it